

## About our Caregivers...and...the many ways they help

- You can depend on us to be there
- You can trust we will provide our undivided attention.
- You can be confident you're getting the best care available.



**Abundant Home Care's** providers focus on the daily living activities and personal care needed for you or your loved to remain healthy and happy in the familiarity and comforts of home.

- Bathing/Grooming
- Dressing/Undressing
- Healthcare Supervision
- Kitchen Clean-up
- Housework/ Floors
- Laundry / Cleaning
- Making Beds and Linen Changes
- Meal Prep/ Cooking
- Medication Cueing
- Mobility Assistance
- Shopping/ Errands
- Walkers/Wheelchairs
- **Much More...**

**Abundant Home Care's** certified caregivers are specially trained to care for you in your home. Our Professional Development Program includes dozens of lessons covering 15 individual topics of personal care, including:

- proper moving and transfer techniques
- how to manage and administer medications
- observing and reporting changes in health or behavior
- CPR and First Aid training
- safety and emergency procedures
- ServSafe food preparation guidelines
- universal precautions and infection control
- and much more.

## Healthy, Happy, Home!

Before an **Abundant Home Care** Personal Care Attendant or Home Health Aide arrives in your home, they will have undergone a thorough pre-employment screening process covering over 10 areas of verifications and involving 20 separate contacts.

For more information about **Abundant Home Care's** policies and screening process, or for details on our pre-placement Training Program, please call or send us an email.

**(413) 475-3829**

www.**AbundantHomeCare**.org

or www.**My-AHC**.org

Trained and Certified ◆ Prompt and Dependable  
Caring and Practical ◆ Attentive and Respectful  
Verified and Insured ◆ Privacy and Dignity Assured



## Abundant Home Care

### In-home care provided for

- seniors and the elderly
- people with disabilities
- managing chronic illness
- recovering from injuries or accidents
- recently hospitalized or post-operative
- veterans and their family members
- respite/ relief for family caregivers
- anyone in need of personal care, health and medication management, housekeeping, accompaniment to appointments, shopping, cooking, etc.



50 Chapman St., 1st Flr.  
Greenfield, MA 01301

**(413) 475-3829**

To apply for services,  
call or go online at

www.**AbundantHomeCare**.org  
or www.**My-AHC**.org

### Our Service Area

Franklin and Hampshire Counties

Selected Berkshire, Hampden  
and Worcester County areas

North Quabbin Region

Office Hours have temporarily changed  
due to new health regulations.  
We're now open: Mon., Wed., Fri. and Sat.  
from 10am - 2pm and by Appointment

**Abundant Home Care, LLC**

P.O. Box 1071, Greenfield, MA 01302



## Healthy, Happy Home!

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